

NEW CREATION JIU JITSU

NEW CLASS REQUIREMENTS

NEW CLASS SCHEDULE

Keiki Class ages 5-7	Monday, Wednesday. 3:00pm - 3:45pm
Keiki Class ages 8-10	Monday, Wednesday. 4:00pm - 4:45pm
Teen Class ages 11-15.	Monday, Wednesday. 5:00pm - 5:45pm
Adult Class ages 16 - up	Monday, Wednesday. 6:00pm - 7:00pm

Due to COVID-19

We appreciate your patience and cooperation during these unforeseen times. We will be following the guidelines of social distancing, face mask when it is required, and proper sanitizing. (Masks will not be worn during class during physical activities.)

Please carefully read and follow the new guidelines in place.

Please sign updated waiver forms and COVID-19 waiver before coming to class. *(Students will not be able to participate with out all waiver and code of conduct forms thoroughly filled out.)*

- We are currently not allowing open spectating or observation of classes to reduce exposure and health risks to our students, instructors and staff.
- Wait outside 5 min before class. Class will end on time and child will be available for pickup at the same location. Please pick up and drop off your child/children on time. Doors will be shut 5 min after class ends.
- Check in station. Mandatory temperature check.
- Student should arrive already dressed and with proper hygiene ready for class. Clean hands and feet. Wash/ sanitize your hands often before and after session.
- Practice social distancing of 6' apart when possible inside and outside of the building. Avoid contact of hugs, high fives, shaking hands etc.
- We are accepting students with full membership registration.
- We are temporarily suspending our free trial class until further notice.
- No drop ins at this time.
- Spaces are limited and are at a first come first serve basis.
- Please bring water (no water provided at location)
- If you are feeling sick or not feeling well, please stay home.
- If you are at high risk, please stay home

RISKS: This is all voluntary for all our existing members to return to training at their discretion.